

The tale of the nymph Theoni and the award-winning water



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THEONI

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ILLUSTRATION: Flipping Bird





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Once upon a time, in the mountain range of Agrafa, in the prefecture of Karditsa, at an altitude of 1.100 metres, there lived the nymph Theoni. She was the protector of the Spring, and she was endowed with the beauty of her land, with a dress as green as the dense foliage of the trees, a look as bright as the shining rays of the sun, wings and hair as blue as the cloudless sky and as the water that has been gushing out for centuries, crystal clear and cool, from the depths of the virgin earth. Theoni was always smiling. She did not lose her smile even when clouds covered the sun, the sky darkened, and rain broke out. She knew the rainwater would enrich her Spring, filling the earth's reserves and returning to its surface even more impetuous.

Our nymph loved music, and when a shepherd would play melodies on his flute, she would dance and sing. One day, one of them heard her song and searched for her.





“Who are you?” he managed to whisper when he finally found her.

“Don’t be afraid,” she assured him.

She poured him water from the Spring, and her song took away his fears and sorrows.

“Thank you very much,” the shepherd said to Theoni. “How can I repay you?”

“You have already repaid me,” replied the nymph with a kind smile. “Joy that is shared, is multiplied,” she added and disappeared into the woods.





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The shepherd returned to his village and told the story to the locals, and the nymph's legend travelled far and wide. Anyone who was sad would walk uphill to the Spring to meet Theoni and drink the gifts of nature from her pitcher.

